

COMEAND JOIN US ON Tuesday 9th June

NewsWiews



Screenshot of some who took part in our virtual meeting last Wednesday, 13th May, unfortunately it does not show everyone, just those who were on screen at the time, in all there were 23 involved.

During the meeting we received an excellent presentation by E Comp Mike Caddock, Past Deputy Grand Superintendent, about the Suffolk Accident Rescue Service (SARS), a charity that relies on fundraising to maintain it's emergency response service.

Following the meeting we all enjoyed a convivial DIY Festive Board which included a quiz and an online raffle and agreed unanimously that the collection in lieu of normal dining plus the proceeds of the raffle should be donated to SARS. The collection amounted to £255 and the raffle raised £55 so £310 has therefore been paid into the Provincial Covid-19 Fund for onward donation to SARS with the possibility it will be match funded by the MCF.

If you didn't manage to join us this time our next virtual meeting will be on **Tuesday the 9th June** and details will be circulated nearer the time, please give it a try.

Fraternal best wishes and stay safe - Mike



Dear Companions

I do not wish to inundate you with information that can change daily, but in this letter my wife and I with my executive wish to pass on our best wishes to you all to stay healthy and safe.

We spend so much of our busy adult lives looking for a moment to try new things. Whether it's painting, learning a new language, or getting out into the garden, now is the time to give it a go! Sales for puzzles have rocketed these past couple of weeks and it's no wonder. If you're in need of some low-tech mental stimulation, dust off the old boxes of Jiqsaws, Scrabble, etc, and enjoy some peace and quiet. Keeping fit? Get creative with a workout routine at home instead, I know many of you take the dog for a walk and inform me the dog knows more ritual than you do! There are live exercise classes online and you can always find something new on YouTube or Google! —- be careful most of us have not seen much exercise for years. Get lost in a great story with Audible.com. You'll find selection of audiobooks six different in languages completely free, or even the radio. listen to Social distancing is key right now but so is keeping in touch with loved ones and fellow Freemasons. Stay at home and play games over Skype or download the Zoom app and get chatting, even a phone call can be an encouragement.

Suffolk Provincial Covid-19 Response

I IMAGINE that every Suffolk freemason will be delighted to learn that the Province is setting aside funds as well as undertaking a range of direct activities to provide support and mitigate the effects on the population of the virus.

Support and appreciation for the efforts of key workers and NHS staff is in the forefront of minds, but I would like to draw your attention to the work done by the volunteer clinicians in the aptly-named SARS (Suffolk Accident Rescue Service). The volunteer doctors are well-known as the emergency response in cases of accident serious and operate throughout the county. What is probably not appreciated is that these doctors are currently working in hospitals, in ambulances, or providing remote clinical support to help combat COVID-19. I have included a photograph of a friend "togged up" in "Covid kit". Whilst the NHS itself is funded by taxes, SARS is a charity and relies on fundraising to maintain its emergency response service. The burden placed on the charity by the additional demands has depleted the charity's funds significantly. I wonder therefore whether:

- 1. The Province might shortlist the charity for support
- 2. Individual Chapters might consider a donation
- 3. Individual members might make a donation or take up the challenge described below.

SARS itself is raising funds by challenging the public to a "virtual race round Suffolk" whereby people are asked to walk, run, cycle, a distance the equivalent of the Suffolk boundary, 220 miles, all within the social distancing rules. The challenge finishes on Suffolk Day, 21st June. The money raised will provide PPE, a portable ventilator, and other vehicle and equipment costs. The link to the SARS Just Giving Page is: www.justgiving.com/campaign/racear



oundsuffolk which includes details of how to become a fundraiser. Gwen and I have set up "Team Tom Peck's" and we aim to beat the target by miles. Should anyone wish to support us our page is www.justgiving.com/fundraising/Tea mTomPecks and we would be greatly boosted by any support received.

Looking forward to meeting everyone again later in the year.

Best wishes. Yours sincerely and fraternally

Mike Caddock, PDGSupt

In memoriam

E.Comp. Brian William Keable -

St. Michael's 305 Brian died on the 20th April 2020.

E.Comp. **Val Overett** -Phoenix and Ala Chapter 516.

Val was, as many of us will remember, Scribe E and the Director of Ceremonies for Ala Lodge for many years and was responsible for the standard of ritual performed by many of the senior members of the Chapter and Lodge who worked under his tutelage.

Val resigned some time ago when he fell victim to Dementia. He was a lovely man, an excellent Mason and Companion and I know that you will be saddened by his passing.

Val died on the 1st April 2020 in the Finborough Court Care home. There will be a private cremation with a celebration of Vals life to be held at a future date.

Donations if wished to The British Heart Foundation care of Andrew Bingham, independent funeral service, The Nutshell, Milton Road South, Stowmarket.

Comp. Barrie Michael Chester -

White Rose 1008. Barrie died on the 14 April 2020.

Promotions and Appointments 2020-2021

Most Excellent Grand Superintendent E. Comp David J Boswell

Deputy Grand Superintendent* Raymond K Pascoe - Second Grand Principal* Roger E Nash - Third Grand Principal* Paul A Norman

APPOINTMENTS TO ACTIVE RANK:

Scribe Ezra* Nick B Le-Grys Scribe Nehemiah Roger ES Cawston Treasurer* Roger M Young Registrar Ron H McLean Director of Ceremonies* Nigel WG Gregory Sword Bearer Michael C Beckett Deputy DC* Jamie BS Gwatkin Deputy DC Stephen P Faulkner Almoner* Paul Wreathall Charity Steward* Brian G Simpson Principal Sojourner John E Shaw 1st Assistant Sojourner Mervyn R Wake 2nd Assistant Sojourner Robert J Earey Assistant Scribe Ezra* Kelvin J Larcombe Standard Bearer J David Sharples Standard Bearer Colin L Kennedy Standard Bearer Peter L Taylor Organist* Graham J Colthorpe Assistant DC James F Orlopp Assistant DC Ian S Gray Steward Paul M Royal Steward Chris E Wilson

Steward Chris P Grant Steward Michael Smith Steward Steve J Horne Janitor Peter D Farthing *denotes Re-Appointment

PROMOTIONS TO PAST RANK:

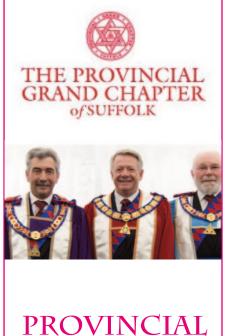
Scribe Nehemiah Tom W Starling Scribe Nehemiah David J Hickinbottom Scribe Nehemiah Richard J Hayes Scribe Nehemiah David W Durrant Grand Registrar Ray P Seale Grand Registrar Peter E Sutters Grand Registrar David Hepburn Sword Bearer Les J Bailey Sword Bearer Richard G Roper Sword Bearer Adrian Nicholls Sword Bearer Brian L Locksmith Deputy DCs Keith Webber Deputy DC Ron W Cobbold Deputy DC Bob M Lee Deputy DC Bruce E MacPherson Principal Sojourner John W Took

Principal Sojourner Matthew J Millson Principal Sojourner Alex W Workman Principal Sojourner Stephen P Ascott Principal Sojourner Bill TC Bowman Principal Sojourner Simon P Wicks Principal Sojourner George L Slaughter Principal Asst. Sojourner Stuart C Andrews Principal Asst. Gerald Dowe Standard Bearer Peter RD Wood Standard Bearer Derrick A Garwood

1ST APPOINTMENTS TO PAST RANK:

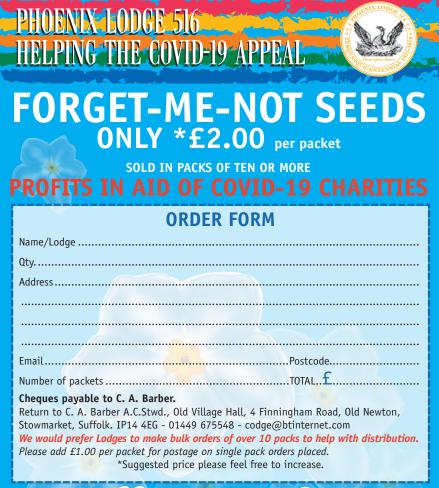
Standard Bearer James A King Assistant DC Roger PJ Dor Assistant DC Paul A Page Assistant DC Fred A Albrow Assistant DC Barry M Stone Assistant DC Geoff J Wilson Assistant DCs Simon D Fitzpatrick Assistant DC Carl J Spriggs

MEGS CERTIFICATE OF COMMENDATION: Rodney A Chapman



PROVINCIAL CHAPTER WEBSITE









The 8 May as well as being the 75th anniversary of VE Day would also have been the 100th birthday of my father, Excellent Companion **Denis Bridle**, **Past Z of Phoenix and Ala Chapter. I doubt many** Companions will remember him as it was back in 1986 or 1987 that I introduced him as a joining member. Since I couldn't attend due to working in London, he didn't stay long, but went on to found both Lodge and Chapter of Wisdom. He was a joining member of Lodge of Perfect Friendship, where he became Charity Steward. He was initiated into Old Colfeian Lodge in London, achieving the chair in 1974, the year he initiated me into the Craft. By good fortune his Senior Warden was unable to progress, so he remained in the chair for a second year to pass and raise me.

When he was 18 Dad started at London University to read physics, unfortunately part way through his first year, his Father, aged 46, died of liver cancer. As



a consequence Dad had to give up his studies to go out to work to support his mother and younger brother

He started work at Woolwich Arsenal, in the chemistry laboratory. As the laboratory was in a munitions factory, I assume he worked on improving bombs, a particularly dangerous role. However, because he had signed the official secrets act, he never spoke about it afterwards. Thus when the war started he found himself in a reserved occupation and not liable to be called up.

While this may have pleased his mother, it wasn't as great as it sounds. One day at the cinema, because he wasn't in uniform a lady handed him a white feather, symbol of cowardice, thinking he was a conscientious objector.

By night he was an ARP Warden, so he certainly did his bit.

Denis Bridle

Sadly he passed away 26 years ago with the craft rank of Past Provincial Senior Deacon and Chapter rank of Past Provincial Grand Registrar. I often think about him and wonder what he would have made of all the change since then. He was a very practical man, an electrical engineer by profession; he could turn his hand to any branch of engineering, cars, plumbing, electrical and electronic. I miss him still.

Ex.Comp. Peter Bridle

Coronaviru (COVID-19) Please do not entre building if you har a new continuous and/or fever (ten higher than 37.8 c Sood handwashing to boot handw

LETTERS... LETTERS... LETTERS..

Dear Raymond,

Please find attached a letter of thanks from Matron Morelos, and the photograph which was taken of you delivering the items with some members of our staff. Thank you once again, and please pass on our thanks to all Members of the Adair Royal Arch Chapter for their kind donation. Kind regards Maria

